All Cannings CE Primary School

RSHE Policy

Ethos Statement

I have come that they might have life, and have it to the full.

John 10 v 10

At All Cannings Church of England School, everyone embarks on a unique journey of learning, personal development and faith.

We consider our school a family, travelling together with support from people at home, the community and the church.

Our attitudes to learning and our attitudes to life are interwoven, with the Christian values of the school evident in all aspects of daily life.

By being fully involved in our own development and an active member of both the school and wider community, we leave All Cannings equipped to achieve personal success and shape the future

Definition, aims and rationale

RSHE stands for Relationships, Sex and Health Education.

The DfE's statutory requirements mean primary schools must teach Relationships Education and Health Education. In primary schools, Sex Education is not compulsory excluding what is taught in the Science National Curriculum. Relationships, Sex and Health Education (RSHE) was updated by the Department for Education in September 2026. This policy has been updated to reflect the 2026 guidance. Planning and teaching of RSHE at All Cannings has been updated to reflect the key changes in the guidance. The key changes are:

More focus on:

Safety and wellbeing including online and the use of AI.

Pupils having more awareness of their bodies and the changes they may go through, including being taught the correct names for body parts, how to remain safe and how to recognise and report abuse.

Understanding personal safety such as identifying and minimising risks from fire and travel.

How to communicate effectively in relationships e.g., boundaries in relationships.

Additionally, new content covering change and loss has been introduced, which includes bereavement.

This policy is written in line with our school's Personal, Social, Health and Economic Education **(**PSHE) policy.

Through our curriculum, our school environment and our school ethos, we promote pupils' self-esteem and emotional well-being and help them to form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, at school, at work and in the community. RSHE at All Cannings is about developing the child as a whole and preparing them to be safe and to flourish both physically and mentally into adulthood.

Aims:

- To support both physical and mental health.
- To keep pupils safe and to help them safeguard themselves in the physical world and online, including the use of AI.
- Understand change and loss and the feelings these may cause and that people experience them differently.
- To help support pupils communicate effectively and know what healthy relationships are.

Roles and responsibilities

The PHSE Co-ordinator has the following responsibilities:

- To review the RSHE policy;
- To ensure that resources used are relevant and appropriate to the needs of the children and are in line with statutory guidance;
- To lead on the evaluation of the RSHE policy and programme;
- To ensure that staff have the necessary skills, confidence, knowledge and resources in order to deliver effective RSHE lessons.

The Governors have the following responsibilities:

- To ensure that an up-to-date RSHE policy is in place and is made available to parents;
- To ensure that the RSHE policy and curriculum are in line with statutory guidance on RSHE form the Department for Education.
- To ensure that the policy and programme reflect a whole school approach particularly in relation to consultation.
- Governors contribute to the RSHE policy and are informed about the curriculum through Governor meetings.

Teachers have the following responsibilities:

- To ensure that they, or anyone working in their classroom to deliver/support RSHE, is doing so in line with the school's RSHE policy and other relevant school policies;
- To contribute to the evaluation of the programme;
- Communicating with parents when appropriate/necessary.

Curriculum Design

- The majority of the RSHE resources will be from the PSHE Association, along with resources from ThoughtBox Education.
- Both Relationships and Health education will be taught in both PSHE and RSHE lessons. However, Sex Education lessons will only be taught in RSHE lessons.
- PSHE lessons are taught weekly, whereas RSHE lessons are taught in a block during Spring Term 2.
- Pupils are taught the majority of PSHE lessons in mixed classes, with the exception of some of the RSHE lessons, which are taught in year groups.
- The PSHE curriculum in our school will follow the 2021 PSHE guidance.
- RSHE will be taught in line with the statutory 2026 RSHE guidance from the Department for Education.
- Lessons will be a mixture of class discussion, group work and independent work.
- A whole school approach will be used to implement the framework. This policy has clear links with other school policies aimed at promoting pupil's spiritual, moral, social and cultural development including our Behaviour Policy, our Anti-bullying Policy and our Safeguarding Policy.
- Sex Education is also taught in the Science National Curriculum.
- For Relationships and Health Education, Reception children follow a combination of resources and guidance from ThoughtBox, the PSHE Association and the Personal, Social and Emotional Development area of learning in the Early Years Foundation Stage framework.

Learning and Teaching

- All teachers will endeavour to provide a safe learning environment through the establishment of clear ground rules which are made explicit to the children and reinforced consistently;
- Visiting speakers such as health workers may also contribute to the taught curriculum;
- Beyond timetabled RSHE lessons, pupils are supported in applying the skills they are learning, in real-life situations as they arise: e.g. resolving conflicts;
- PSHE is to be taught by either the class teacher or teaching assistant. Whereas RSHE is to be taught by teachers, unless TAs are comfortable to teach it. RSHE is to be taught in year groups not classes, due to age related resources and content.
- Lessons will be taught with both girls and boys. However, for one lesson, girls will stay with the female staff member to discuss girl puberty in more depth and the boys will go into more depth about boy puberty, which will be led by Mr Borman.

Key topics taught:

Years 1-2

- Special people
- The human life cycle
- Accurate names for body parts including genitalia.
- Body parts that are private.

Year 3

- Me, my friends and belonging.

Years 4-5

- Changes to the body
- Periods
- Personal hygiene
- Privacy
- Boundary communication

Year 6

- Puberty recap
- Healthy and positive relationships, including consent.
- How a baby is made.

See PSHE Curriculum below which covers health topics and more relationship topics.

Safe and effective practice

- We ensure a safe learning environment by agreement of ground rules at the start of RSHE lessons. We explain that we need to be sensitive to each individual in the room and their responses.
- We talk about the trusted adults that pupils can go to if they have questions about RSHE topics.
- Anonymous question boxes are placed in the classroom for RSHE lessons and then answered by a member of staff at the end of or during the next lesson.
- Adults will answer questions that are age appropriate. If a pupil's question goes beyond the sex education covered by the school or raises a concern, the teaching staff will speak to the school's safeguarding lead and follow the school's safeguarding policy.

Special Needs

- We teach RSHE to all our pupils, regardless of their ability;
- Learning opportunities are matched to the individual needs of children with learning difficulties.

Openness and engagement with parents

- We recognise that parents/carers are key partners in our delivery of the RSHE programme for pupils at the school.
- If parents/carers have concerns about any of the content to be covered, we ask that these are addressed to the headteacher.
- We are committed to openness with parents through letting parents know in advance when RSHE lessons will be taught and sharing the topics that will be covered by email.
- Each year, a parent meeting will also be arranged prior to these lessons so that parents can see the teaching resources and ask questions and gain advice on how to support their children at home.
- The policy will be available to parents on the school website.

Right to withdraw from sex education

Parents/carers have the right to withdraw their child from sex education, but not that which is part of the Science National Curriculum. Parents cannot withdraw their children from relationships or health education.

If a parent/carer wishes to withdraw their child from some or all of sex education, they can contact the headteacher who will arrange a meeting with them.

Safeguarding

The RSHE policy supports our school's approach to safeguarding and is informed by other policies and statutory and non-statutory guidance for schools, including Keeping Children Safe in Education 2026.

Teachers are aware that effective RSHE lessons can at times lead to a disclosure of a child protection issue. Teachers will consult with the designated safeguarding lead and follow the school's safeguarding policy and procedures. If a visitor/external agency receives a disclosure from a pupil, they will also be required to follow the school's safeguarding procedures and policy.

Monitoring, reporting and evaluation

- Teachers assess the children's work and make informal judgements as they observe them during lessons and aim to address any misconceptions;
- We have clear expectations of what the pupils will know and understand by the end of the lessons;
- The Senior Leadership Team will be responsible for monitoring the standards of children's work and the quality of learning and teaching;
- The headteacher and PSHE Co-ordinator will support colleagues in the teaching of RSHE by giving information about current developments in the subject and by providing a strategic lead and direction for the subject in school;
- All staff will be responsible for evaluating strengths and weaknesses in the subject and indicating areas for further improvement.
- Pupil voice will be used to review and tailor our RSHE programme to match the different needs of pupils.

Policy review

- This policy will be reviewed by the PSHE Co-ordinator and the headteacher every 18-24 months so that it supports the needs of all pupils, parents and staff and so that it follows the guidance from the Department for Education.

Approved by: Curriculum & Staffing Committee

Written: 30th September 2026

Approved on:

Signed by: _____

Review date: 30th September 2028

Year A

Class 1 Resources Years 1/2	Class 2 Resources Years 1/2	Class 3 Resources Years 3/4	Class 4 Resources Years 3/4	Class 5 Resources Years 5/6	Class 6 Resources Years 5/6
ThoughtBox **Personal Journeys:** Awe and Wonder (4 lessons) **ThoughtBox** **Personal Journeys:** Identity (4 lessons) **PSHE Association** Keeping safe online CEOP: Jessie and Friends – KS1 L1: Watching videos L2: Sharing pictures L3: Playing games https://pshe-association.org.uk/less	**ThoughtBox** **Personal Journeys:** Awe and Wonder (4 lessons) **ThoughtBox** **Personal Journeys:** Identity (4 lessons) **PSHE Association** Keeping safe online CEOP: Jessie and Friends – KS1 L1: Watching videos L2: Sharing pictures L3: Playing games https://pshe-association.org.uk/less	**ThoughtBox** **Personal Journeys:** Awe and Wonder (4 lessons) **ThoughtBox** **Personal Journeys:** Identity (4 lessons) **PSHE Association** Making choices online NSCS: CyberSprinters – KS2 L1: Creating and managing passwords L2: Protecting your devices	**ThoughtBox** **Personal Journeys:** Awe and Wonder (4 lessons) **ThoughtBox** **Personal Journeys:** Identity (4 lessons) **PSHE Association** Making choices online NSCS: CyberSprinters – KS2 L1: Creating and managing passwords L2: Protecting your devices	**ThoughtBox** **Personal Journeys:** Awe and Wonder (4 lessons) **ThoughtBox** **Personal Journeys:** Identity (4 lessons) **ThoughtBox** **Personal Journeys:** Happiness (4 lessons) **ThoughtBox** **Personal Journeys:** Global Cultures (2 lessons)	**ThoughtBox** **Personal Journeys:** Awe and Wonder (4 lessons) **ThoughtBox** **Personal Journeys:** Identity (4 lessons) **ThoughtBox** **Personal Journeys:** Happiness (4 lessons) **ThoughtBox** **Personal Journeys:** Global Cultures (2 lessons)

on-plans/nca-ceop-jessie-and-friends BBFC: Watch out! –KS1 L1: Helping to make good viewing choices L2: Keeping viewing choices safe https://pshe-association.org.uk/lesson-plans/bbfc-watch-out-ks1 **ThoughtBox** **Personal Journeys:** Happiness (4 lessons) **ThoughtBox** **Personal Journeys:** Global Cultures (4 lessons) **ThoughtBox** **Personal Journeys:**	on-plans/nca-ceop-jessie-and-friends BBFC: Watch out! –KS1 L1: Helping to make good viewing choices L2: Keeping viewing choices safe https://pshe-association.org.uk/lesson-plans/bbfc-watch-out-ks1 **ThoughtBox** **Personal Journeys:** Happiness (4 lessons) **ThoughtBox** **Personal Journeys:** Global Cultures (4 lessons) **ThoughtBox** **Personal Journeys:**	https://pshe-association.org.uk/lesson-plans/cyberchoices BBFC: Let's watch a film – KS2 L1: What can we watch? L2: Can we choose what to watch? COMING SOON Paying to play https://pshe-association.org.uk/lesson-plans/bbfc-making-choices-watching-films **ThoughtBox** **Personal Journeys:** Happiness (4 lessons) **PSHE Association** Keeping safe out and about	https://pshe-association.org.uk/lesson-plans/cyberchoices BBFC: Let's watch a film – KS2 L1: What can we watch? L2: Can we choose what to watch? COMING SOON Paying to play https://pshe-association.org.uk/lesson-plans/bbfc-making-choices-watching-films **ThoughtBox** **Personal Journeys:** Happiness (4 lessons) **PSHE Association** Keeping safe out and about	**ThoughtBox** **Personal Journeys:** Faith and Spirituality (2 lessons) **PSHE Association** Healthy Habits Sure: Breaking Limits – KS2 L1: Confident mover L2: Team player L3: Goal setter https://pshe-association.org.uk/sure-breaking-limits St John Ambulance: First aid – KS2* L2: Asthma L9: Head injuries https://www.sja.org.uk/get-advice/first-aid-	**ThoughtBox** **Personal Journeys:** Faith and Spirituality (2 lessons) **PSHE Association** Healthy Habits Sure: Breaking Limits – KS2 L1: Confident mover L2: Team player L3: Goal setter https://pshe-association.org.uk/sure-breaking-limits St John Ambulance: First aid – KS2* L2: Asthma L9: Head injuries https://www.sja.org.uk/get-advice/first-aid-

Faith and Spirituality (choose 3 lessons) **PSHE Association** Safety at home Keeping safe at home – KS1 L1: Keeping safe at home https://pshe-association.org.uk/lesson-plans/keeping-safe-at-home-lessons Drug education – KS1 L1: Keeping safe L2: Keeping healthy L3: Medicines and household products https://pshe-association.org.uk/lesson-plans/drug-education	Faith and Spirituality (3 lessons) **PSHE Association** Safety at home Keeping safe at home – KS1 L1: Keeping safe at home https://pshe-association.org.uk/lesson-plans/keeping-safe-at-home-lessons Drug education – KS1 L1: Keeping safe L2: Keeping healthy L3: Medicines and household products https://pshe-association.org.uk/lesson-plans/drug-education	Keeping safe: Sun safety – KS2 L1: Managing risk in the sun https://pshe-association.org.uk/lesson-plans/sun-safety-lesson-packs Road and rail safety – KS2 L4: Risks and keeping safe https://pshe-association.org.uk/lesson-plans/road-rail-safety Environment agency: Water safety – KS2 L1: Canals and rivers L2: Flood alert! https://pshe-association.org.uk/lesson-plans/water-safety	Keeping safe: Sun safety – KS2 L1: Managing risk in the sun https://pshe-association.org.uk/lesson-plans/sun-safety-lesson-packs Road and rail safety – KS2 L4: Risks and keeping safe https://pshe-association.org.uk/lesson-plans/road-rail-safety Environment agency: Water safety – KS2 L1: Canals and rivers L2: Flood alert! https://pshe-association.org.uk/lesson-plans/water-safety	lesson-plans/key-stage-2/ **PSHE Association** Safe connections CEOP: Play, like, share L1: Block him right good, Alfie! L2: Who's Magnus? L3: They have fans, we have friends! https://pshe-association.org.uk/lesson-plans/nca-ceop-play-like-share CEOP: Connect – Y5-6 L1: Respectful relationships L2: Socialising online City of London Police: CyberDetectives – Y5-6 L1: What is online fraud?	lesson-plans/key-stage-2/ **PSHE Association** Safe connections CEOP: Play, like, share L1: Block him right good, Alfie! L2: Who's Magnus? L3: They have fans, we have friends! https://pshe-association.org.uk/lesson-plans/nca-ceop-play-like-share CEOP: Connect – Y5-6 L1: Respectful relationships L2: Socialising online City of London Police: CyberDetectives – Y5-6 L1: What is online fraud?

ThoughtBox: **Social Journeys:** Equality and Justice (3 lessons) **ThoughtBox:** **Social Journeys:** Refugee Journeys (2 lessons) **ThoughtBox:** **Social Journeys:** Homelessness (3 lessons) Spring Term 2 – RSE Lessons (3) for Year 1 only. Type in Medway in the PSHE Association website.	**ThoughtBox:** **Social Journeys:** Equality and Justice (3 lessons) **ThoughtBox:** **Social Journeys:** Refugee Journeys (2 lessons) **ThoughtBox:** **Social Journeys:** Homelessness (3 lessons) Spring Term 2 – RSE Lessons (3) Type in Medway in the PSHE Association website.	**PSHE Association** First Aid St John Ambulance: First aid – KS2* L1: Allergies L4: Bites and stings L7: Calling for help https://www.sja.org.uk/get-advice/first-aid-lesson-plans/key-stage-2/ **ThoughtBox** **Personal Journeys:** Global Cultures (3 lessons) **ThoughtBox** **Personal Journeys:**	**PSHE Association** First Aid St John Ambulance: First aid – KS2* L1: Allergies L4: Bites and stings L7: Calling for help https://www.sja.org.uk/get-advice/first-aid-lesson-plans/key-stage-2/ **ThoughtBox** **Personal Journeys:** Global Cultures (3 lessons) **ThoughtBox** **Personal Journeys:**	L2: Where can online fraud occur? https://pshe-association.org.uk/lesson-plans/cyber-detectives **ThoughtBox** **Social Journeys:** Equality and Justice (4 lessons) Spring Term 2 – RSE 4 Lessons Medway on PSHE Association Website.	L2: Where can online fraud occur? https://pshe-association.org.uk/lesson-plans/cyber-detectives **ThoughtBox** **Social Journeys:** Equality and Justice (4 lessons) Spring Term 2 – RSE 4 Lessons Medway on PSHE Association Website.

		Faith and Spirituality (2 lessons) **<u>ThoughtBox</u>** **Social Journeys:** Equality and Justice (2 lessons) **<u>ThoughtBox</u>** **Social Journeys:** Refugee Journeys (1 lessons) **<u>ThoughtBox</u>** **Social Journeys:** Homelessness (1 lessons) Spring Term 2 – RSE Lessons (3 to 4 lessons) Medway on PSHE Association Website.	Faith and Spirituality (2 lessons) **<u>ThoughtBox</u>** **Social Journeys:** Equality and Justice (2 lessons) **<u>ThoughtBox</u>** **Social Journeys:** Refugee Journeys (1 lessons) **<u>ThoughtBox</u>** **Social Journeys:** Homelessness (1 lessons) Spring Term 2 – RSE Lessons (3 to 4 lessons) Medway on PSHE Association Website.		

Please see below for Year B.

Year B

Class 1 Resources Years 1/2	Class 2 Resources Years 1/2	Class 3 Resources Years 3/4	Class 4 Resources Years 3/4	Class 5 Resources Years 5/6	Class 6 Resources Years 5/6
PSHE Association **Mental Health and Wellbeing** Foundations for Wellbeing – Y1 L1: Noticing feelings L2: Distraction L3: Paying attention to pleasant feelings L4: Helpful and unhelpful thoughts L5: Reacting https://pshe-association.org.uk/lesson-plans/foundations-for-wellbeing	**PSHE Association** **Mental Health and Wellbeing** Foundations for Wellbeing – Y1 L1: Noticing feelings L2: Distraction L3: Paying attention to pleasant feelings L4: Helpful and unhelpful thoughts L5: Reacting https://pshe-association.org.uk/lesson-plans/foundations-for-wellbeing	**PSHE Association** **Mental Health and Wellbeing** Foundations for Wellbeing– Y4 L1: Describing emotions L2: Understanding internal and external distractions L3: Exploring different thinking habits L4: Different ways to manage worries L5: Strategies for calm https://pshe-association.org.uk/less	**PSHE Association** **Mental Health and Wellbeing** Foundations for Wellbeing– Y4 L1: Describing emotions L2: Understanding internal and external distractions L3: Exploring different thinking habits L4: Different ways to manage worries L5: Strategies for calm https://pshe-association.org.uk/less	**PSHE Association** **Mental Health and Wellbeing** Foundations for Wellbeing – Y6 L1: Regulating emotions L2: Managing distraction L3: Developing positive thinking habits L4: Managing rumination and worry L5: Managing stress https://pshe-association.org.uk/less	**PSHE Association** **Mental Health and Wellbeing** Foundations for Wellbeing – Y6 L1: Regulating emotions L2: Managing distraction L3: Developing positive thinking habits L4: Managing rumination and worry L5: Managing stress https://pshe-association.org.uk/less

PSHE Association Safety outside the home Road and rail safety – KS1 L1: Crossing the road L2: Keeping safe around railways https://pshe-association.org.uk/lesson-plans/road-rail-safety Getting help in an emergency – KS1 L1: Getting help in an Emergency https://pshe-association.org.uk/lesson-plans/getting-help-in-an-emergency	**PSHE Association** Safety outside the home Road and rail safety – KS1 L1: Crossing the road L2: Keeping safe around railways https://pshe-association.org.uk/lesson-plans/road-rail-safety Getting help in an emergency – KS1 L1: Getting help in an Emergency https://pshe-association.org.uk/lesson-plans/getting-help-in-an-emergency	on-plans/foundations-for-wellbeing Change, loss and grief – Y3-4 L2: How do people manage change and loss? https://pshe-association.org.uk/lesson-plans/change-loss-grief **PSHE Association** Exploring ways to manage risks Firework safety – KS2 L1: Firework safety https://pshe-association.org.uk/lesson-plans/firework-safety	on-plans/foundations-for-wellbeing Change, loss and grief – Y3-4 L2: How do people manage change and loss? https://pshe-association.org.uk/lesson-plans/change-loss-grief **PSHE Association** Exploring ways to manage risks Firework safety – KS2 L1: Firework safety https://pshe-association.org.uk/lesson-plans/firework-safety	on-plans/foundations-for-wellbeing Change, loss and grief – Y5-6 L3: How do people manage loss and support each other? https://pshe-association.org.uk/lesson-plans/change-loss-grief **PSHE Association** Drug Education Drug education – Y5-6 L1: Medicines L2: Legal and illegal drugs L3: Influences and pressure	on-plans/foundations-for-wellbeing Change, loss and grief – Y5-6 L3: How do people manage loss and support each other? https://pshe-association.org.uk/lesson-plans/change-loss-grief **PSHE Association** Drug Education Drug education – Y5-6 L1: Medicines L2: Legal and illegal drugs L3: Influences and pressure

COMING SOON Water safety - KS1 Environment agency: Caring for the environment L1: Everyone is responsible https://pshe-association.org.uk/lesson-plans/environment-agency-caring-for-environment **PSHE Association** Money and work The Careers and Enterprise Company: Careers explorers – KS1 L1: Strengths and interests L2: Different jobs https://pshe-association.org.uk/less	COMING SOON Water safety - KS1 Environment agency: Caring for the environment L1: Everyone is responsible https://pshe-association.org.uk/lesson-plans/environment-agency-caring-for-environment **PSHE Association** Money and work The Careers and Enterprise Company: Careers explorers – KS1 L1: Strengths and interests L2: Different jobs https://pshe-association.org.uk/less	Keeping safe at home – KS2 L1: Keeping safe at home https://pshe-association.org.uk/lesson-plans/keeping-safe-at-home-lessons Road and rail safety – KS2 L3: Independently crossing the road https://pshe-association.org.uk/lesson-plans/road-rail-safety Exploring risk in relation to gambling – KS2 L1: Exploring risk https://pshe-association.org.uk/lesson-plans/exploring-risk-in-gambling Drug education – Y3-4	Keeping safe at home – KS2 L1: Keeping safe at home https://pshe-association.org.uk/lesson-plans/keeping-safe-at-home-lessons Road and rail safety – KS2 L3: Independently crossing the road https://pshe-association.org.uk/lesson-plans/road-rail-safety Exploring risk in relation to gambling – KS2 L1: Exploring risk https://pshe-association.org.uk/lesson-plans/exploring-risk-in-gambling Drug education – Y3-4	L4: Tobacco, vaping and alcohol in the media https://pshe-association.org.uk/lesson-plans/drug-education **ThoughtBox** **Social Journeys:** Groups and Gangs (2 lessons) Love and Relationships (4 lessons) Kindness and Ethics (2 lessons) Earth Journeys: Changing Climates (2 lessons) **PSHE Association**	L4: Tobacco, vaping and alcohol in the media https://pshe-association.org.uk/lesson-plans/drug-education **ThoughtBox** **Social Journeys:** Groups and Gangs (2 lessons) Love and Relationships (4 lessons) Kindness and Ethics (2 lessons) Earth Journeys: Changing Climates (2 lessons) **PSHE Association**

on-plans/career-explorers Money and wellbeing – KS1 L1: What is money? L2: Money choices https://pshe-association.org.uk/lesson-plans/money-and-wellbeing **ThoughtBox** **Social Journeys:** Groups and Gangs (3 lessons) **ThoughtBox** **Social Journeys:** Love and Relationships (4 lessons) **ThoughtBox**	on-plans/career-explorers Money and wellbeing – KS1 L1: What is money? L2: Money choices https://pshe-association.org.uk/lesson-plans/money-and-wellbeing **ThoughtBox** **Social Journeys:** Groups and Gangs (3 lessons) **ThoughtBox** **Social Journeys:** Love and Relationships (4 lessons) **ThoughtBox**	L1: Medicines and household products L2: Smoking, vaping and alcohol https://pshe-association.org.uk/lesson-plans/drug-education **PSHE Association** Money and wellbeing – Y4 L1: How money is used L2: Making decisions about money https://pshe-association.org.uk/lesson-plans/money-and-wellbeing Guardian Foundation: NewsWise – ages 7-9 L4: How news affects feelings	L1: Medicines and household products L2: Smoking, vaping and alcohol https://pshe-association.org.uk/lesson-plans/drug-education **PSHE Association** Money and wellbeing – Y4 L1: How money is used L2: Making decisions about money https://pshe-association.org.uk/lesson-plans/money-and-wellbeing Guardian Foundation: NewsWise – ages 7-9 L4: How news affects feelings	Positively engaging with our world Guardian Foundation: NewsWise – ages 9-11 L3: Managing feelings about the news L5: Spotting fake news L6: Understanding that news is targeted https://pshe-association.org.uk/lesson-plans/newswise-news-literacy-project **PSHE Association** Developing our understanding of AI Understanding AI: Rights,safety and wellbeing – KS2 L1: What is AI? L2: How does AI affect our rights?	Positively engaging with our world Guardian Foundation: NewsWise – ages 9-11 L3: Managing feelings about the news L5: Spotting fake news L6: Understanding that news is targeted https://pshe-association.org.uk/lesson-plans/newswise-news-literacy-project **PSHE Association** Developing our understanding of AI Understanding AI: Rights,safety and wellbeing – KS2 L1: What is AI? L2: How does AI affect our rights?

Social Journeys: Kindness and Ethics (4 lessons) **PSHE Association** **Being Healthy** Keeping safe: Sun safety – KS1 L1: Keeping safe in the sun https://pshe-association.org.uk/lesson-plans/sun-safety-lesson-packs The sleep factor – KS1 L1: Ready for sleep https://pshe-association.org.uk/lesson-plans/sleep-factor Food for thought – KS1	**Social Journeys:** Kindness and Ethics (4 lessons) **PSHE Association** **Being Healthy** Keeping safe: Sun safety – KS1 L1: Keeping safe in the sun https://pshe-association.org.uk/lesson-plans/sun-safety-lesson-packs The sleep factor – KS1 L1: Ready for sleep https://pshe-association.org.uk/lesson-plans/sleep-factor Food for thought – KS1	L6: Fake or real news? L7: Questioning images in the news https://pshe-association.org.uk/lesson-plans/newswise-news-literacy-project **PSHE Association** Families and growing together Families – KS2 L1: Family relationships L2: Diverse families L3: Family changes https://pshe-association.org.uk/lesson-plans/families Committed relationships and family life – KS2 L1: Marriage and partnership	L6: Fake or real news? L7: Questioning images in the news https://pshe-association.org.uk/lesson-plans/newswise-news-literacy-project **PSHE Association** Families and growing together Families – KS2 L1: Family relationships L2: Diverse families L3: Family changes https://pshe-association.org.uk/lesson-plans/families Committed relationships and family life – KS2 L1: Marriage and partnership	L3: What is an AI chatbot? https://pshe-association.org.uk/lesson-plans/understanding-ai Home office: Digital deception - Understanding deepfakes – Y5-6 L1: The impact of generative AI L2: The ethics of AI images https://pshe-association.org.uk/lesson-plans/digital-deception-understanding-deepfakes Pick your pics – Y5-6 L1: Pick your pics	L3: What is an AI chatbot? https://pshe-association.org.uk/lesson-plans/understanding-ai Home office: Digital deception - Understanding deepfakes – Y5-6 L1: The impact of generative AI L2: The ethics of AI images https://pshe-association.org.uk/lesson-plans/digital-deception-understanding-deepfakes Pick your pics – Y5-6 L1: Pick your pics

L1: Keeping healthy with food and drink https://pshe-association.org.uk/lesson-plans/food-for-thought Dental health – KS1 L1: Looking after our teeth https://pshe-association.org.uk/lesson-plans/dental-health The importance of handwashing – KS1 L1: The importance of Handwashing https://pshe-association.org.uk/lesson-plans/handwashing Physical activity – KS1	L1: Keeping healthy with food and drink https://pshe-association.org.uk/lesson-plans/food-for-thought Dental health – KS1 L1: Looking after our teeth https://pshe-association.org.uk/lesson-plans/dental-health The importance of handwashing – KS1 L1: The importance of Handwashing https://pshe-association.org.uk/lesson-plans/handwashing Physical activity – KS1	https://pshe-association.org.uk/lesson-plans/committed-relationships-family-life **ThoughtBox** **Social Journeys:** Groups and Gangs (2 lessons) **ThoughtBox** **Social Journeys:** Love and Relationships (4 lessons) **ThoughtBox** **Social Journeys:** Kindness and Ethics (2 lessons) **ThoughtBox** Earth Journeys:	https://pshe-association.org.uk/lesson-plans/committed-relationships-family-life **ThoughtBox** **Social Journeys:** Groups and Gangs (2 lessons) **ThoughtBox** **Social Journeys:** Love and Relationships (4 lessons) **ThoughtBox** **Social Journeys:** Kindness and Ethics (2 lessons) **ThoughtBox** Earth Journeys:	https://pshe-association.org.uk/lesson-plans/pick-your-pics **PSHE Association** Managing money and online spending Exploring risk in relation to gambling – KS2 L2: Chancing it! https://pshe-association.org.uk/lesson-plans/exploring-risk-in-gambling Online financial harms – KS2 L1: Spending influences L2: Wellbeing and support https://pshe-association.org.uk/online-financial-harms	https://pshe-association.org.uk/lesson-plans/pick-your-pics **PSHE Association** Managing money and online spending Exploring risk in relation to gambling – KS2 L2: Chancing it! https://pshe-association.org.uk/lesson-plans/exploring-risk-in-gambling Online financial harms – KS2 L1: Spending influences L2: Wellbeing and support https://pshe-association.org.uk/online-financial-harms

L1: Moving our bodies https://pshe-association.org.uk/physical-activity Spring Term 2 – RSE Lessons (3) for Year 1 only.	L1: Moving our bodies https://pshe-association.org.uk/physical-activity Spring Term 2 – RSE Lessons (3)	Food (2 lessons) **PSHE Association** Dental health – KS2 L1: Exploring dental health https://pshe-association.org.uk/lesson-plans/dental-health Physical activity – KS2 L1: Active every day https://pshe-association.org.uk/physical-activity Spring Term 2 – RSE 3-4 Lessons	Food (2 lessons) **PSHE Association** Dental health – KS2 L1: Exploring dental health https://pshe-association.org.uk/lesson-plans/dental-health Physical activity – KS2 L1: Active every day https://pshe-association.org.uk/physical-activity Spring Term 2 – RSE 3-4 Lessons	If you have time? **PSHE Association** Looking to the future The Careers and Enterprise Company: Careers explorers – KS2 L1: Job skills L2: Choosing a career L3: Career routes https://pshe-association.org.uk/lesson-plans/career-explorers Spring Term 2 – RSE Lessons 4 lessons	If you have time? **PSHE Association** Looking to the future The Careers and Enterprise Company: Careers explorers – KS2 L1: Job skills L2: Choosing a career L3: Career routes https://pshe-association.org.uk/lesson-plans/career-explorers Just Year 6: Embracing change and new challenges – Y6 L1: Moving to secondary school https://pshe-association.org.uk/less

					on-plans/embracing-change Money and wellbeing – Y6 L1: Money and emotional wellbeing L2: Being a critical consumer https://pshe-association.org.uk/lesson-plans/money-and-wellbeing Spring Term 2 – RSE Lessons 4 lessons